

ULTRA CARE FOR CANCER CAREGIVERS

GoFundME | **UPDATE** | CAMPAIGN

A Message from the Founder
Miriam Gilbert

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The Inspiration for Ultra Care for Cancer Caregivers

In 2018 my husband Jon was diagnosed with stage 4 cancer. Our lives were turned upside down. Jon endured cancer pain, weight loss, chemotherapy, aggressive radiation, and four surgeries. Today Jon is in remission. We are grateful. He had top oncologists, surgeons, tumor board, and amazing oncology nurses.

Caregivers play a big role in the care of the emotional and spiritual life of cancer patients. While trying to keep it together and falling apart, caregivers are often forgotten by friends and family. To cope and stay mentally and physically healthy, I ran ultramarathons. This was my respite. I also joined a well spouse support group. I knitted scarves for cancer caregivers.

A 2018 ASCO (American Society of Clinical Oncology) report shows that the number of cancer caregivers in the U.S. ranges from a startling 2.8 to 6.1 million, with caregivers providing an average of almost 33 hours a week of care for their loved ones tackling cancer, whether they be friends or family.

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THANK YOU FOR YOUR

GENEROUS HEARTS

"We cannot all do great things. But we can do small things with great love."

St. Teresa of Calcutta

I was inspired to create **Ultra Care for Cancer Caregivers**.

Generous donations provide caregivers with monetary gifts to use as they wish, and to give them respite and care during a difficult and challenging chapter in their life. I don't want them to be forgotten. I want to provide respite and joy to as many caregivers as we can.

Recipients of the Fund: Since the GoFundMe campaign was launched on May 8, 2020, five cancer caregivers have received monetary gifts so far.

A recipient, who lost his mother to breast cancer and was unable to be with her during the pandemic, expressed his gratitude: "I want to thank you and Ultra Care for Cancer Caregivers...Everyday my heart and soul still hurts thinking of my mom. She was only 51...."

Donations: Over \$2,800 has been raised. Help us meet our goal of \$10,000. Donate at GoFundMe: <https://gf.me/u/x6i84j>

Nominate a Cancer Caregiver: Email the caregiver's name, email address, home address, and why you are nominating the caregiver to: ultrarcareforcancercaregivers@gmail.com

